



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

**Primary Care
Child and Adolescent Psychology**

Drop-In Clinic

**Advice & Support
Service for Parents**

Waterford Community Services,
Cork Road, Waterford

Dungarvan Primary Care Centre,
Springmount, Dungarvan, Waterford



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**To book a slot or get more
information, please contact either
of the following numbers:**

Clinic Secretary (051) 84 29 82

OR

Answering Machine (051) 84 29 38



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**What is the Psychology Drop-In
Clinic service?**

- The Drop-In Clinic is a confidential service provided by the Primary Care Child and Adolescent Psychology Service
- It aims to provide parents with psychological advice or information regarding a specific parenting difficulty or concern
- It is suitable for concerns that can be addressed within a short time frame

Please note:

- The Drop-In Clinic is not a referral pathway to the Primary Care Child & Adolescent Psychology service
- In cases where a referral to Primary Care is warranted, the relevant health care professional is asked to submit a referral

Who is eligible for the Psychology Drop-In Clinic?

- The Drop-In Clinic is available to all parents of children aged 0-18
- It operates on a first come first served basis

When is the Drop-In Clinic not the appropriate or suitable service?

- It is not suitable if parents have many concerns about their child
- It is not suitable if parents consider that a short consultation will not meet their needs
- It is not suitable if the child is already engaged with other professional services

If any of the above, please seek a referral to Primary Care from your family GP, other health care professional or alternate referral agent.

Who is providing this service?

- Drop-In Clinic is operated by different Primary Care Child and Adolescent Psychologists 4 days of the week, each week

How does the Drop-In Clinic service work and how do I access it?

- The Drop-In Clinic operates as a 'call back' telephone service
- Our Psychologists aim to return your call within two weeks of your initial call for support to the service

To engage in the Drop-In Clinic please follow the following steps:

Step 1: Please contact our service on (051) 84 29 82 or (051) 84 29 38

Step 2: Please state that you request support from the Drop-In Clinic

Step 3: Please provide your name and number and the name of your child and their age

How long will the sessions last?

- The Drop-In Clinic 'call back' session generally lasts up to a maximum of 40 minutes

Is there a fee involved?

- No. There is no fee

Will I get additional appointments?

- The Drop-In Clinic service does not provide follow-up appointments
- Parents can attend the service as many times as they wish



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